

Get Involved with Get Together



Get **Together...** is an exciting new Mencap project designed to help children and young people with a learning disability go to their out-of-school club or group.

MENCAP

Understanding learning disability

Get Together

Get Together is a national inclusion project. It works with volunteers who want to make a difference by helping children and young people with a learning disability take part in local out-of-school clubs of their own choice.

Who is it for?

Get Together is for clubs or groups working with 5 to 16 year olds. All types of out-of-school clubs and groups are shown how to introduce change, so they can work in a more inclusive way, to enable all children and young people to take part.

How does it work?

Training courses run regularly in different parts of the country. We work with new volunteers, people who are already volunteering in a club and existing club leaders. Everyone takes part in the same five-hour training programme. When completed we ask volunteers to become Get Together Supporters for all or part of their club time, to work with leaders, who want to make inclusion happen.

Everyone gains a special certificate to show they are able to work in a more inclusive way. Clubs or groups gain a plaque to show they are part of the Get Together Network.

We also work with full and part-time youth workers in the same way.

Everyone completing the Get Together training course can join our network of support. This includes bi-monthly e-newsletters, email and telephone support and Get Together workshops to update knowledge and skills as well as the chance to meet others involved in helping to develop inclusion in a wide variety of out-of-school clubs.

Who benefits?

Children and young people with a learning disability benefit by having a Get Together supporter around, who's role is to initially help them access the activities and facilities, make friends and become fully active members of the club. The Get Together supporter also works with the other leaders to help make the club and it's activities more accessible.

All the out-of-school club members gain through helping to adapt the way things are run so they are also involved in helping all children and young people take part together.

What is the Training Programme?

The training is in three stages:

Stage 1

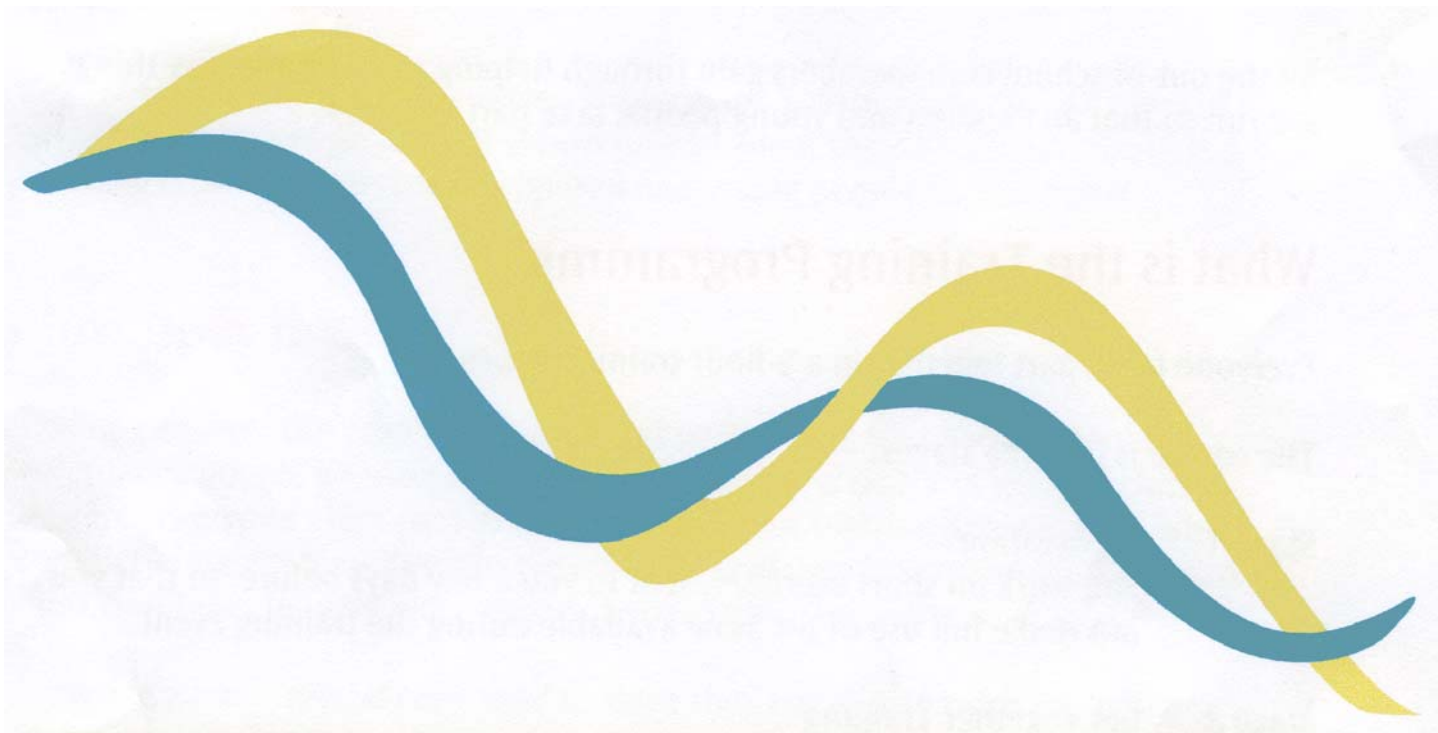
You work on short exercises, sent to you a few days before the course, so that you can make full use of the time available during the training event.

Stage 2

You take part in a basic five-hour day course or two linked evenings. You work with others to explore different ways to help all children and young people take part, more easily, in out-of-school activities. All course work is completed on the day.

Stage 3

Everyone hands in completed task sheets to gain a certificate to show they are able to work towards helping out-of-school clubs operate in a more inclusive way. The tasks sheets are checked and returned so they become part of your Get Together portfolio. The clubs represented are sent their plaque to show they are part of the Get Together Network.



Make a difference now:

For further details contact:

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